

Weaning Support



Hello, I'm Ailsa, an expert Paediatric Dietitian. I love supporting families like yours to get weaning off to the best possible start. This incredibly important stage of feeding your baby can feel like a minefield of information - I'm here to support you to navigate all the 'weaning noise,' and help your baby thrive.

Below are just some of the questions you may have about weaning, all of which I can support you with as part of weaning appointments and packages here at Childhealthy.



For support with all these questions and more, book your appointment or package with Ailsa via the Childhealthy office.